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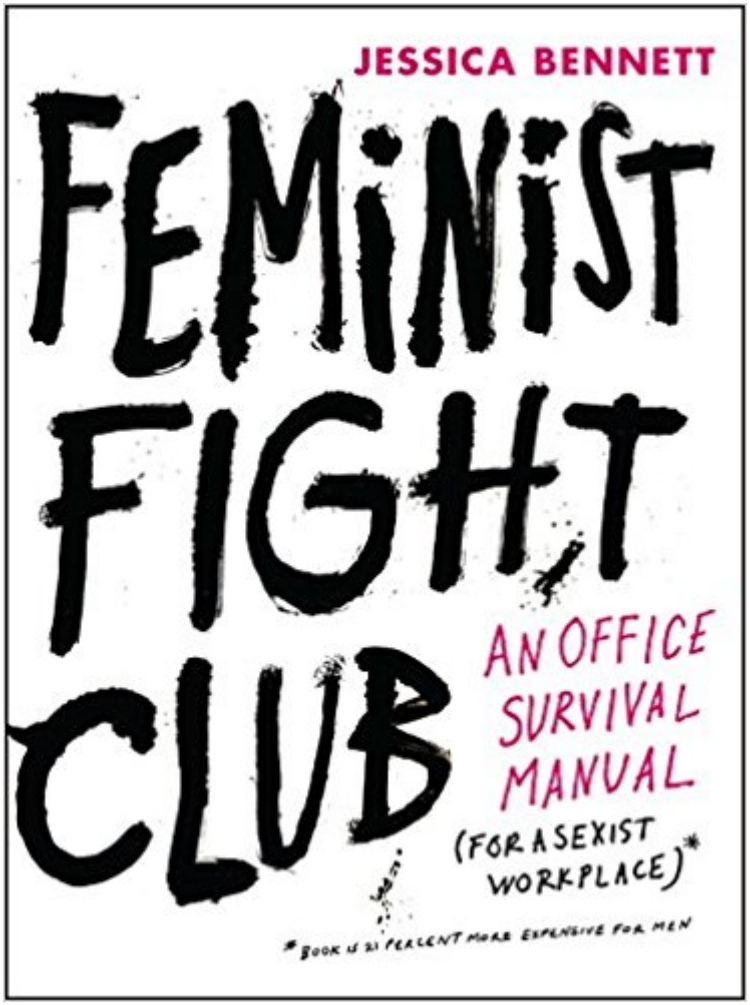
Feminist Fight Club: An Office Survival Manual For A Sexist Workplace



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Synopsis

NAMED A BEST BOOK OF 2016 BY:Chicago Tribune, Refinery 29, Forbes,Â Bust,Â CEO ReadsPart manual, part manifesto, Feminist Fight Club isÂ a hilarious yet incisive guide to navigating subtle sexism at work, providing real-life career advice and humorous reinforcement for a new generation of professional women.It was a fight clubâ ”but without the fighting and without the men. Every month, the women would huddle in a friendâ ™s apartment to share sexist job frustrations and trade tips for how best to tackle them. Once upon a time, you might have called them a consciousness-raising group. But the problems of todayâ ™s working world are more subtle, less pronounced, harder to identifyâ ”and harder to proveâ ”than those of their foremothers. These women werenâ ™t just there to vent. They needed battle tactics. And so the fight club was born. Hard-hitting and entertaining, Feminist Fight Club blends personal stories with research, statistics, and no-bullsh*t expert advice. Bennett offers a new vocabulary for the sexist workplace archetypes women encounter everydayâ ”such as the Manterrupter who talks over female colleagues in meetings or the Himitator who appropriates their ideasâ ”and provides practical hacks for navigating other gender landmines in todayâ ™s working world. With original illustrations, Feminist Mad Libs, a Negotiation Cheat Sheet, and fascinating historical research, Feminist Fight Club tackles both the external (sexist) and internal (self-sabotaging) behaviors that plague women in the workplaceâ ”as well as the system that perpetuates them.

Book Information

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Customer Reviews

â œFunny and fresh...one of those books that every person, not just every woman, should read.â •

(Glamour)â œA worthy addition to the library of any young female professional or frustrated middle manager-or male coworker who wants to help.â • (Fortune)â œ[A] cheeky guide for stamping out workplace sexism.â • (LA Review of Books)â œJessicaâ ™s is a classic, f*ck-you feminist battle guide. The book offers unapologetic strategies for how to get down and strength up with female comrades to fight patriarchy on the daily. Every woman should have a Feminist Fight Club.â • (Ilana Glazer, comedian and co-creator, Broad City)â œThis book offers the weapons that women need to win the war on inequality. With mighty wit, Bennett shows women how to defeat the enemiesâ ”and men how to stop being enemies. I was not prepared to laugh out loud so many times while learning so much about a serious topic.â • (Adam Grant, Wharton professor and New York Times bestselling author of Originals and Give and Take)â œJessica Bennettâ ™s Feminist Fight Club is engaging, hilarious and practical - full of simple tools for battling workplace sexism that every woman should have at her disposal. Jessica is a unique voice-and I will proudly proclaim myself a card-carrying member of the FFC.â • (Sheryl Sandberg, COO of Facebook and author of New York Times bestseller Lean In)â œBennett is on a mission to reform todayâ ™s workplace, and this manifesto just might be the weapon modern women are looking for.â • (Booklist)â œIt is saddening that the problems described in [Feminist Fight Club] persist, but Bennettâ ™s light approach and humorous neologisms make fighting the power a lot more palatable.â • (Publishers Weekly)â œ[B]ound to be passed around from woman to woman â ” and beyond one gender â ” at office happy hours this fall and beyond.â • (Flavorwire)â œMs. Bennett manages to convey a remarkable amount of substance briskly and entertainingly â | it has performed a huge service not just to its target audience but to the businesses they will be joining.â • (New York Times)â œ[Bennett] takes the best of what she and her fellow professionals have gleaned over the years and presents it to us for adoption. All action, no whining. Plenty of humor.â • (Chicago Tribune)â œRight on par with Lean In and #GIRLBOSS, Feminist Fight Club: An Office Survival Manual for a Sexist Workplace is the work bible every young woman starting her career needs.â • (Observer)â œPacked with relatable anecdotes, startling research, and realistic scripts for handling sticky situations, Feminist Fight Club is a no-bullshit, nuts-and-bolts guide to workplace empowerment.â • (Bust Magazine)â œBennett has written a guidebook that will likely benefit those women who want to climb the rungs of power and challenge the Boys at the Top... her suggestion that women form their own Feminist Fight Clubs sounds like a mighty fine idea. I, for one, am ready to engage.â • (Rewire)

A Wall Street Journal Bestseller! Named a best book of 2016 by: Chicago Tribune, Refinery 29, Forbes,Â Bust,Â CEO Reads.It was a fight clubâ ”but without the fighting and without the men.

Every month, the women would huddle in a friendâ ™s apartment to share sexist job frustrations and trade tips on how best to tackle them. Once upon a time, you might have called it a consciousness-raising group. But the problems of todayâ ™s working world are more subtle, less pronounced, harder to identifyâ ”and harder to proveâ ”than those of our foremothers. These women werenâ ™t just there to vent. They needed battle tactics. And so the Feminist Fight Club was born.In Feminist Fight Club, acclaimed journalist Jessica Bennett blends the personal stories of her real-life fight club with research, statistics, and no-bullsh*t advice for how to combat todayâ ™s sexism (and come out the other side). Part manual, part manifesto, Bennett offers a new vocabulary for the sexist archetypes women encounter every dayâ ”such as the Manterrupter, who talks over female colleagues in meetings; or the Bropropriator, who appropriates their ideasâ ”as well as the self-sabotaging behavior women sometimes exhibit themselves. With original illustrations and fascinating historical research as well as a straightforward assessment of the gender gap that continues to plague the American workforce, Feminist Fight Club offers practical strategies, stealthy hacks, and much-needed camaraderie for women battling their way through the modern workplace.

This is a really amazing book. I am a man who has worked in the corporate world for a long time and--I have to be honest--I have been guilty of many of the subtly sexist behaviors that Bennett describes. But after reading Feminist Fight Club, I have been able to readily identify those moments and take action to avoid them--I can literally sit here at my desk and think of half a dozen examples of times when I was about to interrupt a woman in a meeting but held my tongue. The book has also made me a much better ally to my female colleagues, as many of the strategies it outlines (such as, for example, making sure women get the appropriate credit for their ideas/work product) can be implemented by men. In short, this book has profoundly changed my perspective and actions at work, and I have no doubt those changes are going to lead to better outcomes and better relationships for me as well as my female colleagues.Oh, I almost forgot--the book is also incredibly well-written, insightful, hilarious, and fun to read. There’s no doubt I will be going back to it time and time again in the future.

I now have THE book to recommend to every working woman I know. Author Jessica Bennett writes that we need to fight to combat workplace sexism. She shares a myriad of practical tools and case examples that will substantially expand every woman’s repertoire. I also appreciate her drawing from the substantial research on women at work to make her case and help us make our own. And as a professional woman fighting the fight for a few decades now, I do appreciate her playing

homage to the workplace feminists that have come before. And just so we don’t get too depressed, Bennett weaves in humor and art in just the right places. Feminist Fight Club is a true winner that will help you do more than survive. You will thrive.

The author takes serious research on sexism and unconscious bias in the workplace and makes it accessible, easy to digest and quite fun to read. I initially bought this book for my daughter who is just starting out in the working world. But I started reading it myself and, even after 30 plus years as a professional working woman, I still found some of the hacks to be helpful. I was surprised to recognize myself falling prey to some of the self-sabotaging behaviors the author describes - I wish I’d had this book years ago. I’m buying additional copies to give to the younger women on my team and enlisting them in the FFC.

I loved the entire Feminist Fight Club book but it deserves special recognition for its chapter on negotiation. That chapter is hands down the best advice on negotiation I’ve ever read, advice that I’d been looking for in similar books with no luck. I’ve gone back and referred to that negotiation advice and successfully used it. Seriously, that chapter alone is well worth the price of admission.And the rest of the book is fun, funny and empowering! Highly recommended for all. A+.

This is a very funny read, but I kept being jarred out of the "we are all women, haha" humor every time gender was reduced to genitals. Maybe I am being picky, but I felt jarred by how it was relatable until the "vag vs. prick" dichotomy was introduced.

This is possibly the best book I have read as a woman in leadership. It has helped me to understand how men often act and view women in positions of equal power as them. The "hacks" offered for dealing with these perceptions of and reactions to women actually work. A colleague and I rad the book together and employed many of the skills taught while sitting at the table with mostly men. Knowledge is power, ladies. Buy the book!

Love everything about it - the illustrations are my favorite though. It’s a great quick read but I keep coming back to it for reference. To me that makes it worth buying a physical copy.

Great book! The author does a wonderful job of being educational (with referenced facts and data) and instructional (provides very practical advice) without being ranty or preachy. Great read for

anyone struggling to understand or dealing with tough situations.

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